INDULGE YOUR SENSES, LET GO OF STRESS AND ESCAPE TO THE SENSO WELLNESS CENTRE
SENSO SPA PACKAGES

FOR HIM

**Ultimate Relief**  
1 ½ hours / AED 475  
Body Polish / Anti Stress Back Therapy with Indian Head Massage

This ultimate relaxation package treats you from head to toe and begins with a body polish to refresh your skin. Followed by a reviving ginger mask and deep tissue massage, this treatment is designed to relieve lower back, neck and shoulder pain. Hot stones will be applied to relieve pain in your lower back if needed.

FOR HER

**Javanese Lulur**  
2 hours / AED 525  
Tropical Oasis Body Scrub / Balinese Massage / Mini Facial

Tropical Oasis is traditionally used in body scrubs as it is highly exfoliating but gentle on skin, leaving it soft and smooth. This treatment continues with a Balinese massage that works deeply to smooth your muscles and relieves from any joint pain. Your journey of relaxation will be completed with a quick facial to clean and refresh your skin.
BODY MASSAGES

Thai 60 min AED 340
This traditional oil free massage is combination of acupressure, reflexology and yogic exercise or gentle stretching, targeting the energy lines which diminishes tension and stimulates the metabolism, creating a total feeling of well-being and vitality.

Aromatherapy 60 min AED 315 / 90 min AED 370
This ancient science of healing is a light to medium massage, using long strokes and essential oils to meet your body needs.

Balinese 60 min AED 340 / 90 min AED 420
A deep tissue oil massage, using traditional Balinese techniques to relieve muscle pain.

Sports Massage 60 min AED 340 / 90 min AED 420
A deep tissue massage designed to warm and relax the muscles and improve your range of motion. It prevents injuries before physical activity and speeds up recovery of strained muscles.

Hot stone 60 min AED 340 / 90 min AED 420
This massage is a form of body wok that involves the application of heated water-smoothed sea stones to create a yin-yang balance.

Swedish 60 min AED 340 / 90 min AED 420
A classical western massage that involves light to medium pressure and is ideal for relaxation, relief of muscle tension and improvement of circulation.

Senso Signature Massage 60 min AED 375 / 90 min AED 475
Senso signature combination of a Sports, Swedish and Aromatherapy Massage aims to restore your energy levels whilst the scent of white ginger lilies enhance the atmosphere.
FACIAL TREATMENTS

Aromatherapy Facial 60 min / AED 370
A delightful aromatic blend of pure essential oils makes this facial unforgettable. This experience includes cleaning, gentle exfoliation and extraction if needed; an aromatic massage with aromatherapy oils, and the ideal mask best suited for your skin type. Mask option: Sensitive, Dry, Oily, Combination.

Deep Cleansing Facial 75 min / AED 420
This facial treatment is ideal for city skin or imbalanced, stressed skin suffering from breakouts or congestion. Complete deep cleansing effect is achieved through traditional steam and extraction techniques. A detoxifying and rebalancing peel off mask is then applied, using intensive complexes to give that deep clean feeling.

EXPRESS TREATMENTS – PUSHED FOR TIME?

Express Foot Reflexology 30 min / AED 180
Body Polish 30 min / AED 210
Head, Back, Neck and Shoulder 30 min / AED 265
Express facial (for all skin types) 30 min / AED 265
MANICURE & PEDICURE

Classic Manicure 30 min / AED 75

Classic Pedicure 30 min / AED 95

Hand Spa / Perfect Nails 60 min / AED 160
Pamper yourself with a manicure and revitalizing soothing hand treatment consisting of exfoliation, massage, mask and moisturizing.

Foot Spa / Perfect Nails 60 min / AED 210
Combine our signature pedicure with a revitalizing soothing foot treatment, consisting of a bubble foot bath, followed by exfoliation, an extensive foot massage and a nourishing foot mask, finished off by applying a deliciously scented moisturizer.

Waxing treatments are available. Please contact our therapists for details and pricing.
OPENING HOURS
Daily 11:00 to 22:00

CONTACT
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