

# Sample Menu

## Antipasti

An array of mezes, antipasti, tapas and salads served with chilled sauces and oils (V) (H) (N)

## Sushi Station

A selection of sushi featuring Salmon and tuna nigiri, Vegetable maki (V)  
Smoked salmon and avocado California, Spicy egg California (V)  
and Steamed salmon with oyster sauce

## The Soup Kettle

Roasted carrot and fennel soup (V)  
Hot and sour soup with noodles and prawns

## Pasta Station

Penne with creamy forest mushroom sauce (V)  
Spaghetti vongole with white wine and garlic  
Tortellini tossed in a spinach and pancetta cream  
Ricotta and chicken canelloni

## Carvery & Rotisserie

Roast rib of beef served with its own gravy  
Italian porchetta

## Accompaniments

Bouquetiere of vegetables (V)  
Roast potatoes with garlic and rosemary (V)

## Live Cooking Middle Eastern Stall

Chicken doner kebab  
Gozleme bread with condements (V)

## Indian Stall

Lamb rogan josh kashmini; *spicy slow cooked lamb curry*  
Baked grouper cooked with a blend of mustard seeds and fresh mango in coconut milk  
Bombay potato; *fried potatoes with nigella seeds, onions and tomatoes* (V)  
Aaloo gobi; *steamed cauliflower cooked in fresh tomatoes, cumin and coriander* (V)  
Bagari baingan; *fried cubed aubergines with onions, tomatoes, desiccated coconut, crushed peanuts and cumin* (V)  
Steamed rice (V)

## International Cheese Board

Served with a selection of biscuits (N), grissini (N) and dried fruits

## Selection of tempting delights (N)

A selection of pastries, cakes and flans,  
creams, sauces, coulis and seasonal fresh fruit (N)

V- vegetarian option, H- healthy option, N – traces of nuts

Flavours kitchen uses nuts on a regular basis and to this effect we cannot guarantee items to be nut free.  
Should you have any food allergies, please inform our server, immediately.



Adults at €32.00  
Teens 13 to 17 years at €23  
Children up to 12 years eat for free