

SPA

escape reboot rec*ver



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BY RADISSON BLU

Hours: 10.00 - 21.00 hrs.

SPA ESC CORE PHILOSOPHY

A heaven for guests who seek 'ME' time and focus more on customized treatments, providing an instant relief in a solitary environment

- Escape** SPA esc provides a respite for Radisson Blu travelers where they can quietly skip away from their hectic routines and the mundane of every day life.
- Reboot** SPA esc features an array of eclectic therapeutic remedies to energize the body, soothe the mind and uplift the spirit.
- Recover** SPA esc is where guests can regain physical, mental and emotional balance through the stimulation of the six senses which translates into a spa journey experience.

SPA esc presents an extensive palette of global wellness and beauty rituals, honoring culture from every corner of the earth coming together to offer the ultimate spa experience. Gifted spa artisans will perform gentle and replenishing therapies painstakingly designed to suit your needs.

SPA esc experience is not solely about beauty, it is a journey of the senses, a spiritual sanctuary, the consummate solution to counteract modern stress.

Amidst the hustle and haste of the modern world, want a serene haven where tranquility and solitude is easy to achieve comfortably within our grasp... to lead us towards the path of consciousness and the purpose of life...

Here at SPA esc, we open the gateway to commune with nature and experience a truly rewarding therapeutic rituals to enhance the body-mind-soul inter-dependence.

SPA ESC MASSAGES

ESCAPE REMEDY SIGNATURE MASSAGE

60 min 2,000 THB

90 min 2,500 THB

This spectacular treatment draws on three cultures to deliver an intensely relaxing and calming experience. Specially designed to release lessens as well as stresses and tensions. In order to re-balance energies, movements are precise and sustained, focusing on the tense parts of the body. Back tensions are carefully worked with our signature warm oil before a progressive massage of the abdomen. The treatment culminates in the elimination of "body heat" achieved by stimulating the foot's reflex zones.

REBOOT VITALITY

60 min 1,500 THB

90 min 1,900 THB

120 min 2,300 THB

Deep and powerful, this treatment works intensely on muscle tissue with a variety of movements which are both invigorating and stimulating. Through the careful application of pressures, sustained strokes, tapping and stretching, the skin and muscles are warmed while the mind and body become relaxed.

REBOOT AWAKENING

60 min 1,500 THB

90 min 1,900 THB

120 min 2,300 THB

This massage relaxes the body and relieves muscle tension. Mainly orchestrated by the hands and forearms, these large, fluid, rhythmic, warm and enveloping movements stimulate the muscles and release positive energy retained in the joints of the body, for a feeling of intense well-being. Reproducing the ebb and flow of the ocean, you just have to let yourself be rocked, gently, by successive waves. Ideal for harmonizing body and mind.

REBOOT ESSENTIAL

60 min 1,500 THB

90 min 1,900 THB

120 min 2,300 THB

This massage releases all tension in the body by working the muscles and skin, using agile, graceful strokes and gentle, comforting movements. The kneading, treading and smooth ing movements will leave you feeling relaxed and calm. This massage works the body with parallel movements resulting in a feeling of well-being, a rested mind and relaxed body.

REBOOT ANCIENT THAI MASSAGE

60 min 1,200 THB

90 min 1,600 THB

120 min 2,200 THB

Ancient Thai Massage incorporates element of mindfulness, gentle rocking, deep stretching and rhythmic compression to create a singular healing experience. Apart from feeling physically elated by releasing stress, enriches emotional calming and deep relaxation.



REBOOT THAI HERBAL WARM COMPRESS

90 min 2,300 THB

It is an invigorating experience that is a blend of passive stretching and acupressure to simultaneously evoke a feeling of total relaxation and renewed energy. Our warm compress, containing herbal ingredients to apply to the whole body. The herbs help to improve the immune system and lung function.

SPA ESC CORE IN-ZONE TREATMENT

30 min 900 THB

60 min 1,200 THB

90 min 1,600 THB

A selection of therapeutic treatments targeted at specific areas which renders an instant relief for those with a hectic schedule.

Back and shoulder

Neck and Shoulder

Legs

Head

Feet

SPA ESC FACIALS

RECOVER HYDRATION

75 min 2,500 THB

This delicate treatment is the perfect escape for tired, dull skin.

Begins with stretching the nape of the neck; cleansing and exfoliating the skin before you enjoy a relaxing mask and shiatsu massage movements, the ultimate deep relaxation.

The skin will feel intensely hydrated and completely rested.

RECOVER PURIFY

75 min 2,500 THB

This is the classic, deep cleansing facial. The Purity ritual perfectly combines intense purification with a deep massage. The movements are precise to deliver specific benefits.

The skin is deeply cleansed, exfoliated and detoxifying mask. The face undergoes lymphatic drainage which leaves the skin oxygenated and purified.



All prices are in Thai Baht and exclusive of 10% service charge and 7% VAT



SPA ESC BODY TREATMENTS

RECOVER BODY GLOW

45 min 1,200 THB

A rich and relaxing scent of essential oils. This scrub contains a good anti-oxidant, and contains Vitamins A, B, and C. It is high in carotenoids, in the form lycopene, which means it may help protect against UVB damage as well as acting as a very good anti-oxidant.

RECOVER AROMA IMMERSION

30 min 500 THB

A soothing bath with aromatic essential oils to soothe and calm the mind

SPA ESC PACKAGES

ESCAPE JOURNEY

3 hours 4,800 THB

Begins with Recover Body Glow to exfoliate the skin, followed by Escape Remedy Signature massage. Your journey will conclude with recover facial to restore your skin to its youthful glow.

REBOOT RITUAL

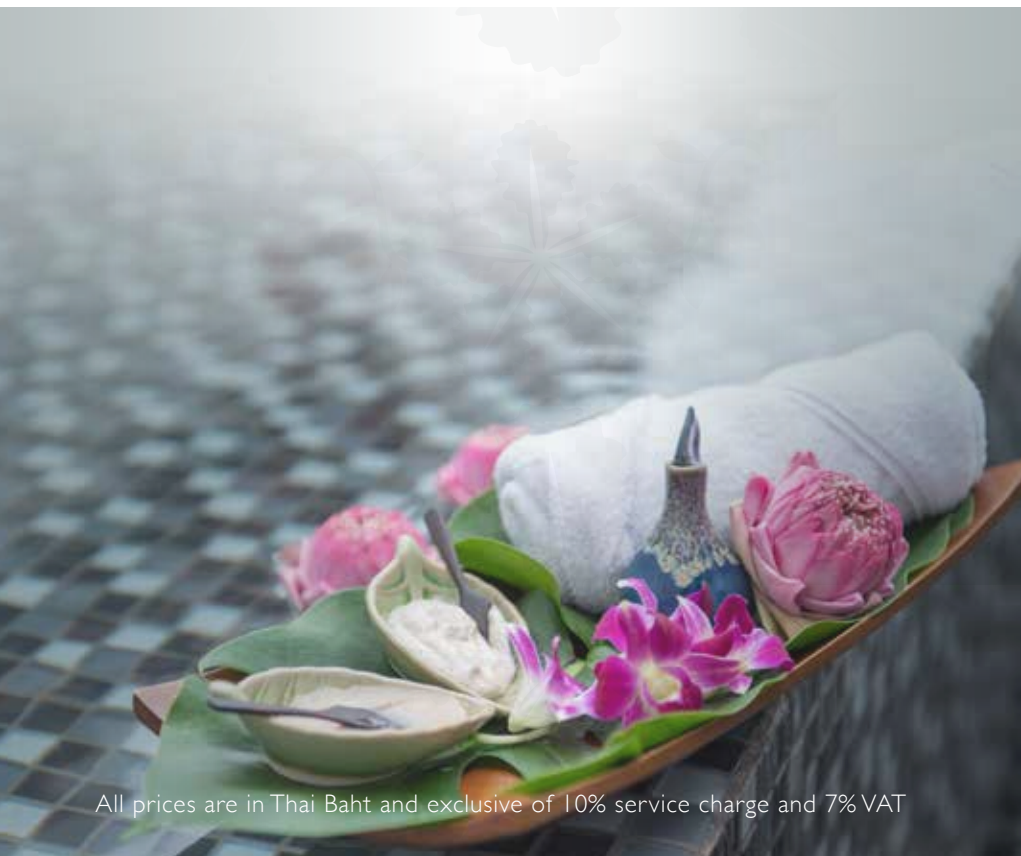
2 hours 3,500 THB

A delightful blend of our most sought-after treatments to elevate your senses featuring Reboot Essential massage to alleviate stress and facial to hydrate and replenish the skin.

REBOOT REJUVENATED

2 hours 2,500 THB

A perfect combination! Begin with our body scrub and continue with the Reboot Vitality Massage.



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PLEASE READ BEFORE YOU ESC

RESERVATIONS

24 hours advance reservation is recommended to ensure the availability of your preferred booking time. Reservation is subject to space availability.

ARRIVAL

We ask you to arrive 15-20 minutes early for your appointment.

CONSULTATION

SPA esc team will assist you in selecting the treatment regards to your preference and match with your lifestyle.

VALUABLES

We recommend that you leave your valuable items in your room for safekeeping. Lockers are provided. The hotel will not be responsible for loss or damage of personal items.

SPECIAL CONSIDERATION

Please tell our SPA esc team if you are pregnant, have any injuries, are suffering from high/low blood pressure, any allergies, or have had a recent operation or surgery.

ENSURING TRANQUILITY

To ensure total relaxation and tranquility, all guests are requested to keep your voice to a minimum and put your mobile phones on silent mode.

CANCELLATION

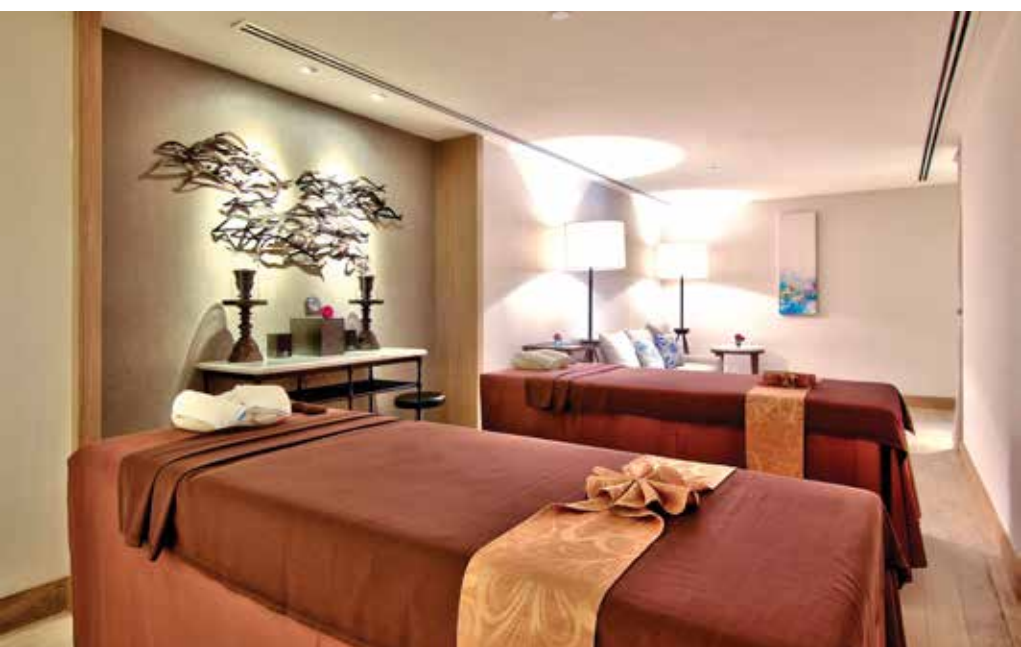
4-hour advance cancellation notice is required. Cancellations made within 4 hours of the confirmed reservation time will result in the 50% charge.

SMOKING AND ALCOHOL

Strictly no smoking and alcohol consumption within the spa premises

TIPS

Gratuities are at the guest's discretion.



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